

# SUNDAY LUNCH

## STARTERS

### SOUP OF THE DAY

homemade brown soda bread

contains allergens 7, 9, (soda bread 1c, 1e, 3, 7)

### CAVAN CRYSTAL PRAWN COCKTAIL

wild pink prawns, crispy lettuce, brandy scented marie rose sauce

contains allergens 2, 3, 12

### CHICKEN & MUSHROOM VOL AU VENT

white wine creamy sauce, spinach and sun blush tomatoes

contains allergens 1c, 3, 6, 7, 12

### CRISPY HOMEMADE VEGETABLE SPRING ROLLS

thai dipping sauce, carrot and scallion salad

contains allergens 1c, 3, 12, 13

### BOXTY POTATO CAKE

smoked bacon, spring onion, sour cream and mustard dressing

contains allergens 1c, 3, 7, 10

## MAINS

### CHEF'S SUNDAY SPECIAL

please ask your server for details

### ROAST TURKEY & HAM

sage & onion stuffing, cranberry gravy

contains allergens 1c, 7, 12

### IRISH LAMB

roast leg of lamb, creamy potatoes and a thyme jus

contains allergens 7, 12

### 12 HOUR SLOW COOKED IRISH BEEF

yorkshire pudding, creamy mash, roast potato and roast gravy

contains allergens 1c, 3, 7, 12

### BAKED SALMON FILLET

butter mash and white wine cream sauce

contains allergens 4, 7

### PENNE ARRABBIATA

penne tossed in homemade tomato sauce with a hint of chilli, freshly shaved parmesan and toasted garlic bread

contains allergens 1c, 7, 12

**all main courses served with a side of steamed vegetables**

#### ALLERGENS

1 Gluten (a) Barley (b) Spelt (c) Wheat (d) Rye (e) Oats 2 Crustaceans 3 Eggs 4 Fish 5 Peanuts 6 Soybeans 7 Milk 8 Nuts (a) Cashew (b) Almond (c) Pistachio (d) Pecan (e) Walnut (f) Hazelnut 9 Celery 10 Mustard 11 Sesame 12 Sulphur Dioxide 13 Lupin 14 Mollusc

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## SIDES

### HOUSE FRIES

contains allergen 1c - gluten free option available  
€4.00

### CREAMY MASH

contains allergen 7  
€4.00

### SWEET POTATO FRIES

contains allergen 1c - gluten free option available  
€5.00

### MIXED LEAF SALAD

contains allergen 10  
€4.00

### STEAMED RICE

€4.00

### BEER BATTERED ONION RINGS

contains allergen; 1a, 1c, 7  
€4.00

## DESSERTS

### CAVAN CRYSTAL CHOCOLATE BROWNIE

chocolate sauce and vanilla ice-cream  
contains allergens 1c, 3, 7

### APPLE & BERRY CRUMBLE

vanilla ice-cream and custard  
contains allergens 1c, 3, 7

### TOBLERONE CHEESECAKE

fresh cream, orange purée  
contains allergens 1c, 3, 7, 8b

### VANILLA CREME BRULÉE

shortbread biscuit and raspberry sorbet  
contains allergens 1c, 3, 7, 12

### PAVLOVA

fresh fruits and cream  
contains allergens 3, 7

**TWO COURSES - €27.00 P.P. / THREE COURSES - €35.00 P.P. / TEA OR COFFEE €3.00 PP.**

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