

# Membership Prices

|                                      | DIRECT<br>DEBIT | ANNUAL | 6 MONTH | 3 MONTH |
|--------------------------------------|-----------------|--------|---------|---------|
| FULL                                 | €65             | €690   | €390    | €229    |
| OFF PEAK                             | €60             | €575   | €335    | €199    |
| COUPLE                               | €102            | €1150  | €690    | €410    |
| OVER 60'S / STUDENT                  | €52             | €550   | €310    | €185    |
| FAMILY (2 ADULTS +2 CHILDREN)        |                 | €1495  | €890    |         |
| ADDITIONAL CHILD (AGED 4 - 15 YEARS) | €35             | €275   | €175    | €100    |

#### CORPORATE RATES ALSO AVAILABLE

- Opening times: Monday to Friday, 7am-9pm, Saturday 8am-8pm & Sunday/Public Holidays 9am-6pm
- Off Peak is up to 4pm daily
- Student is over 16yrs in full time education with a valid ID
- Monthly direct debit option only available on annual memberships
- Child membership must be with an adult membership. Children are not allowed in our gym, sauna, steam room or jacuzzi. Children under 3 yrs free.





## **Membership Benefits**

## Spring into action - start training now!

Zest Health & Fitness Club is convenient, affordable and on your doorstep! Full gym induction upon joining and ongoing expert fitness advice.

## **FACILITIES**

18 METRE POOL FULLY EQUIPPED GYM STEAM ROOM / SAUNA / JACUZZI



Leisure, Health and Fitness Association





### **OUR GREAT TEAM**

PERSONAL TRAINING
with REPS registered instructors
SWIMMING LESSONS
private & group, children and adults
AQUA FIT
FITNESS ASSESSMENTS