



Child Safeguarding Statement

Services Provided for Children (aged 0-15) – Swimming Pool for Leisure use and Swimming Lessons

Nature of Services Provided – In Zest Health and Fitness club we provide a number of services for children first and foremost is a safe and fun environment for them to learn and have fun. The main service we offer to children is Swimming Pool usage and Swimming Lessons both private and group.

Services Provided for Young Person (16 – 18) - Swimming Pool for Leisure use and Swimming Lessons, **Gym** for fitness, Strength & Conditioning or Recovery, **Sauna, Steam Room and Spa Pool** for leisure use and recovery.

Nature of Services Provided – In Zest Health and Fitness club we provide a number of services for young people 16-18 first and foremost is a safe and fun environment for them to be active and have fun. The main services we offer to young people 16-18 are Private Swimming lessons, Gym Inductions, Gym Programs and PT sessions.

Safety Provisions for Child and Young People Safeguarding –

1. All staff are Garda vetted.
2. All staff hold Safeguarding 1 qualification and 7 hold Safeguarding 2 (Two members of staff hold Safeguarding 3 our DLP – **Darryl** and Deputy DLP – **Gayle**)
3. We have four staff with Occupational First Aid qualification, and five with First aid through RLSS Lifeguarding.
4. All Staff are RLSS or IWS Lifeguards.
5. All Fitness staff are REP's registered.
6. All staff providing a service to children such as Swimming Lessons or Gym based Inductions, Programs or PT sessions are fully qualified to do so.
7. There is a Child Liaison Officer on duty at all times.
8. There is a DLP available at all times.
9. Adequate staffing on duty at all times.
10. NOP's in place and all staff are trained in NOP's to ensure a safe environment for Children and Young people.
11. EAP's in place and all staff are trained in EAP's to ensure a safe environment for Children and Young people.
12. Child admission Policy in place to ensure a safe environment for Children and Young people.
13. Child and Young People specific Risk Assessments in place to ensure a safe environment for Children and Young People.

Child and Young Person specific Risk Assessments

Zest have carried out an assessment of any potential for harm to a child while availing of our services. Below is a list of the areas of risk identified and the list of procedures for managing these risks.

	Area	Risk identified	Procedure in place to manage identified risk
1	Pool	Drowning	Qualified Lifeguard on Duty, Staff training in NOP's & EAP's
2	Pool	Electrocution	No sockets or electrical products allowed on deck while open
3	Pool	Slips, Trips & Falls	Qualified Lifeguard on Duty, Staff training in NOP's & EAP's
4	Pool	Poor Water Quality	Water Testing every 2 hours & external testing records displayed
5	Gym	Over exertion & poor technique	Qualified Rep's registered & First Aider on Duty, Staff training in NOP's & EAP's
6	Gym	Equipment failure	All equipment is subject to by annual servicing contract & checked and signed off daily by staff
7	Gym	Slips, Trips & Falls	Qualified First Aider on Duty, Staff training in NOP's & EAP's
8	Gym	Hygiene	Cleaned daily and users encouraged to clean equipment after use
9	Sauna, Steam room & Spa	Burns on hot surface	Regular checks and Supervision of area and signage in place to ensure correct usage
10	Sauna, Steam room & Spa	Over use	Regular checks and Supervision of area and signage in place to ensure correct usage
11	Sauna, Steam room & Spa	Slips, Trips & Falls	Qualified Lifeguard on Duty, Staff training in NOP's & EAP's
12	Sauna, Steam room & Spa	Legionnaires Disease	Water Testing every 2 hours & external testing records displayed
13	Sauna, Steam room & Spa	Drowning	Qualified Lifeguard on Duty, Staff training in NOP's & EAP's
14	Changing rooms	Slips, Trips & Falls	Qualified First Aider on Duty, Staff training in NOP's & EAP's
15	Changing rooms	Legionnaires Disease in showers	Scheduled to be cleaned daily External testing records displayed bi annual testing
16	Changing rooms	Incorrect usage	Regular checks and Supervision of area and signage in place to ensure correct usage
17	Reception	Slips, Trips & Falls	Qualified First Aider on Duty, Staff training in NOP's & EAP's
18	Reception	Administration	Qualified Staff on Duty, Staff training in NOP's & EAP's
19	All Areas	Photography	Regular checks and Supervision of areas and signage in place to discourage usage

Procedures

Zest's Child Safeguarding Statement has been developed in line with requirements under the Children First Act 2015, *Children First: National Guidance for the Protection and Welfare of Children (2017)*, and Tusla's *Child Safeguarding: A Guide for Policy, Procedure and Practice*. In addition to the procedures listed in our risk assessment, the following procedures support our intention to safeguard children while they are availing of our service:

- Procedure for the management of allegations of abuse or misconduct against workers/volunteers of a child availing of our service;
- Procedure for the safe recruitment and selection of workers to work with children;
- Procedure for provision of and access to child safeguarding training and information, including the identification of the occurrence of harm;
- Procedure for the reporting of child protection or welfare concerns to Tusla;
- Procedure for maintaining a list of the persons (if any) in the relevant service who are mandated persons.
- Procedure for appointing a relevant person.

All procedures listed are available upon request.

Implementation

Zest recognize that implementation is an on-going process. Our service is committed to the implementation of this Child Safeguarding Statement and the procedures that support our intention to keep children safe from harm while availing of our service.

This Child Safeguarding Statement will be reviewed annually, or as soon as practicable after there has been a material change in any matter to which the statement refers.

This statement is a summary version and has been provided to all employees in Zest and is readily available to parents and guardians upon request.

Signed: Gayle Anderson (Manager)

Signed: Darryl McKiernan (DLO)

For queries, please contact Darryl Mc Kiernan (DLO), Relevant Person under the Children First Act 2015.

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